

July 5, 2020

Dear Residents, families and staff:

Across the country, we are starting to feel the effects of a slow return to “normal” or rather a “new normal” as restrictions begin to ease.

Public Health authorities have just started allowing visits and short term absences, with appropriate restrictions in place to reduce any risk.

Cedarbrook Lodge will allow residents to leave the property for short absences within the parameters outlined below, provided all requirements are met.

- If Cedarbrook Lodge is in an outbreak, short-stay absences are not permitted. If short absences begin in the residence but the residence enters into an outbreak, all short absences will end.
- Cedarbrook Lodge residents who wish to go outside of the residence (e.g., short absences with friends/family, shopping, medical appointments, etc. are permitted to do so if the following requirements are met:
 - a. Resident must pass active screening every time they re-enter the residence and also attest that they are not experiencing any of the typical and atypical symptoms of COVID-19. If a resident cannot meet these conditions, the residence will follow existing outbreak or isolation policies.
 - b. Each short absence must be limited to a **maximum of 12 hours and cannot be overnight.**
 - c. Residents must adhere to safe physical distancing, cough etiquette and hand washing guidelines.
 - d. Advise reception of your leave in advance and complete the sign in/out form to include where you are going, who you will be seeing and duration of your outing.
 - e. All residents leaving the facility must **wear a cloth mask while outside the residence.** The resident **is** responsible for supplying their own cloth mask while they are on short absences.
 - f. Any non-adherence to the rules set out in this document could be the basis for discontinuation of short-stay absences.

The health and safety of our residents, families, team members and visitors remain our top priority. The presence of family and friends is important to the emotional well-being of our residents and we recognize the importance of in-person visits.

The following guidelines will support safe, socially distanced indoor/outdoor visits for family members to visit and engage with their loved ones.

- Outdoor/Indoor (designated visiting area) visits will be permitted only when Cedarbrook Lodge is not in an outbreak, the resident is asymptomatic and not self-isolating.
- Visits will be pre-scheduled through reception by calling **416-431-6400**.
- Visits at this time are for 30-minutes in length with 1-2 visitors per resident
- To ensure that every family has an opportunity to visit their loved one, frequency of visits will be based on equitable availability to accommodate one visit a week.
- All visitors must attest to having a negative COVID-19 test result that is dated within 14 days of the visit taking place.
- All visitors will receive education on our infection prevention and control measures, including hand hygiene and use of personal protective equipment (PPE) and must comply with our infection prevention and control measures and will be actively including temperature checks (indoor visits). Please see attached package.
- PPE (mask) must be worn appropriately during the scheduled visit. PPE should not be removed at any time during the visit. Visitors are responsible to bring their own face covering.
- For the safety of our residents and team members, any visitor who is on self-isolation, awaiting COVID-19 test results or is positive for COVID-19 will not be permitted to visit.
- A team member will be available to escort you to the designated visiting location.
- Visitors must adhere to a safe social distance of six feet from the resident and team members during the scheduled visit.
- **Non-compliance with Cedarbrook Lodge's visiting policy and guidelines could result in a discontinuation of visits for the non-compliant visitor.**
- **Washroom facilities and common areas are currently off limits for visitors.**

Large group activities are still on hold. Small groups will be invited at different times practicing physical distance.

We continue to host Video calls, for additional information or support, please call reception.

We continue to provide tray services to resident suites. Plans for re-opening will be communicated to residents once determined.

We welcome back the following services:

Hair Salon-

Salon will be open every Wednesday, Thursday and Friday. To help maintain social distancing, the salon occupancy is limited to 3 people each time. Residents are asked to wear a mask for their appointment. To book an appointment, please call **647-514-4450**.

Podiatrist Services-

Dr. Edward Chung will be in on Thursday, July 9th. Please book an appointment with reception.

Exercise in the Main Lobby-

Please let Crystal or Reception know if you would like to join classes.

We thank you for the overwhelming encouragement and support you are giving to our employees daily. We ask for your patience and ongoing strict compliance with our safety measures so that we can keep you, your family and our employees healthy.

On behalf of all of us at Cedarbrook Lodge, we thank you for your continued trust and support.

Thank you,
Your Management Team